The Varieties of Agitation

Cookbooks are like novels, it's
vicarious eating vs.
vicarious lust,

anyway, found a recipe for
strawberry cream
something, asked

my Love to explicate
"fold whipped
cream in"--

for answer she chose
motion that was
pedagogic ah

but pure. She showed
how cream is folded,
undulantly wedded

layer to layer,
berries to en-
croaching cream.

Oh I had mixed and beat before
and kneaded,
really kneaded,

and plunged
in knives that came
out dry. Oh my,

regular Escoffier
of the furious life
where nothing came right

before I
learned to
fold.